



***“Hi, Charlie and Hazel, what are you two up to today?”***

***“We’re pulling my sled all the way up to the top of this mountain. If we make it, I pass.”***

***“Pass? Pass what?”***

***“My rescue dog certification test!”***

“When I was a puppy, I got lost in the woods.  
I was so scared. I didn’t know what to do or where to go.  
I was cold, afraid, and all alone. I almost gave up.”



“Then a Rescue Dog found  
me and saved my life.  
Now I want to be a Rescue  
Dog so I can save lives too!”

“Do you think I can do it?”



***“What I think isn’t important, Charlie. It’s what you believe about yourself that matters.”***

*“The path you will take is steep and bumpy. There are no shortcuts. To make it to the top, you’ll need to use your **BOUNCE BACK SUPERPOWERS.**”*

*“I have Superpowers?”*

*“Not yet, Charlie. But you will.”*

*“How do I get them?”*





***"I'll teach them to you along the way."***



“Hey! This isn’t so hard.”



“Oh no, Hazel!  
How are we supposed  
to fit through here?”

“We’re stuck!”



***“Charlie, you need to clear your head.  
Just Breathe...”***

***“Take in a slow, deep breath while you count to two.  
Breathe out and count to four.  
Breathe in as much air as you possibly can,  
And breathe out even more.”***





***“Whenever you get stuck, just say to yourself,  
‘I’m going to be OK.’  
Then flood your brain with lots of ideas!  
There’s always another way.”***

